

Experience on the Vascular Approaches for Hemodialysis in the EL ABBADI Mohamed Saâd Clinic in Casablanca

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Abstract: The arteriovenous fistula (AVF) for hemodialysis, consists of surgically creating an anastomosis between an artery and a superficial vein in the arm. This study aims to mark our contribution to the study of arteriovenous fistulas for hemodialysis during our internship in Morocco. **Methodology:** We carried out a six years retrospective study from January 1st, 1994, to December 31st, 1999, inclusively. The study involved 1,531 arteriovenous fistulas performed during our studying period on 2,361 consultations. All the adequate files were included in our study. The other inadequate files were excluded. **Results:** The study involved 833, that is 44.8% of men and 698, or 37.6% of women. Sex ratio 1.19. Thus, we counted right radial FAV 388 cases; Ulnar FAV 5 cases; FAV of the elbow crease 137 cases. In the left upper limb, 1,321 procedures, or 71.1%, distributed as follows: Left radial FAV 1,080 cases Cubital FAV 7 cases Elbow fold AVF 234 cases. According to the Vascular Seats (arteries and veins), the anastomoses were performed between Arteries and radial veins 388 or 20.9% Left radial arteries and veins 1080 cases or 58.1%, Humero-basilica 194 or 10.4%, Humero-cephalic 154 cases or 8.2%. Anastomoses on ulnar and other arteries 2, 5% straight 388 or 20.9% Left radial arteries and veins. **Conclusion:** For patients with end-stage chronic kidney disease, arteriovenous fistulas are the last hope for their survival.

Keywords: Fistula, Arteriovenous, Hemodialysis

1. Introduction

The arteriovenous fistula (AVF) for hemodialysis, consists of surgically creating an anastomosis between an artery and a superficial vein in the arm [1, 2].

The vein thus "arterialized" increases in size, its wall thickens, it becomes visible under the skin, and its puncture become easy.

In Switzerland, 2.2 million people suffer from a chronic condition, and almost 20% of the population aged > 50 suffer from multiple chronic diseases [3]. The material costs of noncommunicable diseases are very high. In 2011, they represented 80% of all direct health costs in Switzerland, that is, more than 51 billion francs [4-7]. As in other developed countries, chronic renal failure (CKD) is intimately linked to modern-day diseases [8, 9]. Consequence, an increase in its prevalence, estimated at 1 to 20 people according to Dutch

and American forecasts [10].

The arteriovenous fistula (AVF) constitutes the last hope of life for the patient on hemodialysis [11].

Seemingly easy to do but really difficult to keep, FAV remains the domain of a specialist surgeon, capable of all acrobatics to give life to a desperate patient, by creating a "venous" pathway sufficient for hemodialysis.

Unfortunately, the facts are cruel because no FAV can give the guarantee of being final.

They are then morally and physically fragile patients, who undergo multiple repetitions until the complete exhaustion of their venous capital [12].

The survival of the fistula depends on several factors of which we can cite among others:

The quality of the vessels (arteries and veins) The etiology of renal failure systemic diseases. The quality of the anastomosis and that of the nursing staff [13].

Thus, the difficulties linked to the creation of fistulas and the fragile character of the patients are among other reasons the choice of this article.

2. Materials and Method

Our study was carried out in the office of Dr. EL ABBADI Mohamed Saâd, from Casablanca.

Our study materials consisted of patients admitted and operated for arteriovenous fistula for hemodialysis from 1994

to 1999 and pre-established survey sheets.

All the relevant files were included in the study.

No inadequate records were included in the study.

We have carried out qualitative and quantitative analyzes of our medical records.

All our patients have been informed about the need to create fistulas in order to give them better hope of survival.

Administrative procedures and patient confidentiality were respected. We had encoded the patients.

3. Results

Table 1. Distribution of patients according to the activities by year.

Years	1994	1995	1996	1997	1998	1999
Total Consultations	216	326	338	427	463	591
FAV oven consultations	97	160	197	286	356	435
Total intervention acts	130	241	299	553	585	709
FAV interventions	123	219	259	390	400	465

Total acts=3280.

Total FAF 2,445 or 75.5%.

Activities of the firm during the six years selected for the study: January 1st, 1994 - December 31st, 1999.

1) Total consultations=2361

2) FAV consultations=1531

3) Interventions for FAV=1856

Or 325 whose first consultations are made in other clinics

Table 2. Distribution of patients by age group.

Age groups	0-9	10-19	20-29	30-39	40-49	50-59	60 and over	totals
Number of cases	4	49	76	129	257	281	735	1531
%	0.2	3.2	4.9	8.4	16.7	18.3	48.8	100

Table 3. Distribution of FAV by gender.

Sex	Number of cases	Percentage
Male	833	54.4%
Feminine	698	45.6%

Sex ratio of 1.19.

Table 4. Distribution of the patient according to the antecedent.

Background	Number of cases	Percentage
HTA	1401	
Diabetes	67	

The state of the veins

The veins were

1) Normal In 1202 patients Calcified in 334 Hail patients in 49 patients Thrombosis in 18 patients.

2) 97 percent of our patients were on dialysis with a catheter before the creation of AVF.

Distribution of FAV according to the seat of the act

1. In the right upper limb, there are 530 acts or 28.5% distributed as follows:

a) Right radial FAV 388 Cubital FAV 5 Elbow crease FAV 137

2. To the top left member, 1,321 acts or 71.1%, distributed as follows:

b) FAV radial left 1080 FAV cubital 7 FAV of the elbow 234

3. Vascular seat (arteries and veins)

c) Straight radial arteries and veins 388 or 20.9%

d) Left radial arteries and veins 1080 cases or 58.1%

e) Humero-basilica 194 cases or 10.4% Humero-cephalic 154 or 8.2%

f) Anastomoses on ulnar and other arteries 2.5%

In descending order, we note:

a) FAV radial left 1080 or 58.1%

b) Right radial FAV 388 or 20.9%

c) FAV of the fold of the left elbow 234 or 12.6%

d) FAV of the bend of the right elbow 137 i.e., 7.3%

The immediate result after fistula creation

a) This was palpable in 1,432 patients

b) Non-palpable thrill in 99 patients

c) Type of anesthesia

d) Local anesthesia

e) Regional loco

FAV resumes or complications

This is the place to present an example of this difficult situation concerning a 38-year-old patient upon admission to the office.

On February 5st, 1997, she underwent 11 recoveries:

1. On 5/2/97, we gave her a left ulnar FAV.
2. 22/2/97 FAV of the fold of the left elbow and right humero-basilica bypass.
3. On 4/3/97, all the anterior fistulas are non-functional with Thrombosis of the Humero-basilic bypass.
Act: Fogarty probe thrombectomy and angioplasty of the puncture points.
4. 24/3/97: Infection and exteriorization of bypass prosthesis.
Act: Resection of necrotic tissue and burial of the prosthesis.
5. 11/4/97: Rejection of the infected prosthesis.
Act: Removal of the prosthesis and restoration of the continuity of the humeral artery.
6. 4/28/97: False aneurysm on the humeral anastomosis.
Act: Resection of the aneurysm and repair of continuity by saphenous bypass.
7. 5/5/97: Rupture of the sapheno-humeral bypass.
Action: Restoration of continuity by bridging with saphenous vein.
8. 4/9/97: Left: Act: humero-basilica bypass by prosthesis.
9. 11/19/97: False aneurysm on the bypass on the left.
Act: Resection of the pocket and restoration of continuity.
10. 11/25/97: False aneurysm on the bypass on the left.
Act: Resection of the aneurysm and anastomosis by the bypass.
11. 8/12/97: Infection of the bypass on the left with a false aneurysm.
Act: Removal of the prosthesis and cure of the aneurysm.

4. Comments

From January 1st, 1994, to December 31st, 1999, 1,531 patients were hospitalized and operated in the EL ABBADI Mohamed Saâd Clinic in Casablanca for arteriovenous fistula for hemodialysis, an annual frequency of 129 patients.

The creation of the AVF for hemodialysis represents 75 percent of the activities of this clinic. Table 2.

The average age of the patients were 34 years with extremes of 9 years and 60 years. This confirms that terminal stage insufficiency can affect all age groups Table 2, our results agree with those of most publications (14.15.16.17.18).

The sex ratio of nearly 1.9 reflects a clear predominance of male affection.

This confirms that no FAV can give the guarantee to be final. The complications can be summarized by: non-development, stenosis, Thrombosis, ischemia, aneurysm, infection and/or hyper flow. These fairly frequent complications, resulting in rather delicate situations for patients who think that an act must necessarily correspond to a satisfactory result; and for the Doctor who, to satisfy the patient, is sometimes obliged to spend out of his pocket to correct a complication, however independent of the act.

Note: the rise in the consultation curve and that of the firm's specialization in the creation of the FAV (table 1).

All ages are affected by acute or chronic diseases causing kidney failure and, therefore, hemodialysis.

The most affected age group is that of 60 years and over (48.8%).

The active social layer, whose age is between 20 and 50 years, represents 30.1% of patients. ((Table 2). The similarly result was found by many other authors [19-26].

The preference of the left upper limb is an indication of hemodialysis for patient convenience.

We can thus safely predict that the black series of this lady will continue until the complete exhaustion of all her venous capital.

Note that we voluntarily omitted the previous acts relating to the radial FAV and the catheter poses suffered by this patient. And her only hope remains her Doctor.

The preference of the left upper limb is an indication of hemodialysis for patient convenience [27-31].

The left upper limb is much more used than its right counterpart (3 times out of 4).

5. Conclusion

The arteriovenous fistula constitutes the last hope of life for the patient on hemodialysis.

This is how important it is to spare this fistula, the creation of which is the responsibility of a specialist surgeon with suitable instrumentation, therefore expensive for the patient and the structure that supports him, because of the fairly frequent complications.

Healthcare workers must, therefore, respect an arterialized vein, always keeping in mind that the patient's venous capital is most important.

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